

NUTRITION FACTS (Serving Size 1 ounce 28 g (1 ounce (28g))

Amount per serving

	Mozzarella	Goat Soft	Semi-Soft Goat Cheese	Cream Cheese	Feta	Caciotta	Crème Fraiche	Ricotta	Deep Ellum Blue	Blanca Bianca	Mascarpone	Queso Fresco	Queso Blanco
	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)	Serving Size 1 oz (28g)
Calories	89	75	102	98	74	104	60	49	99	94	130	80	80
Calories from Fat	61	52	73	86	52	75	51	32	71	68	120	60	60
Total Fat / % Daily Value*	7g / 11%	6g / 9%	8g / 13%	10g / 15%	6g / 9%	8g / 13%	5g / 9%	4g / 6%	8g / 12%	8g / 12%	13g / 20%	7g / 11%	7g / 11%
Saturated Fat / % Daily Value*	4g / 22%	4g / 20%	6g / 29%	6g / 31%	4g / 20%	5g / 27%	3g / 18%	2g / 12%	5g / 26%	5g / 24%	9g / 45%	4.5g / 23%	4.5g / 23%
Trans Fat / % Daily Value*													
Cholesterol / % Daily Value*	25mg / %	13mg / 4%	22mg / 7%	31mg / 10%	25mg / 8%	25mg / 8%	12mg / 4%	14mg / 5%	21mg / 7%	28mg / 9%	35mg / 12%	20mg / 7%	20mg / 7%
Sodium / % Daily Value*	116g / 5%	103g / 4%	144g / 6%	83g / 3%	313g / 13%	150g / 6%	14g / >1%	24g / 1%	391g / 16%	176mg / 7%	15g / 1%	240g / 10%	260g / 11%
T Carbohydrate / % Daily Value*	1g / 0%	0g / 0%	1g / 0%	1g / 0%	1g / 1%	0g / 0%	1g / >1%	1g / 0%	1g / 0%	1g / 0%	1g / 0%	1g / 0%	1g / 0%
Dietary Fiber / % Daily Value*	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%	0g / 0%
Sugars	0	0	0	1g	1g	0	0	0g	0g	0g	1g	1g	1g
Protein	6g	5g	5g	6g	4g	7g	>1g	3g	6g	6g	1g	5g	5g
Vitamin A	4%	6%	6%	8%	2%	4%	>1%	2%	4%	3%	10%	4%	4%
Vitamin C	0%	0%	0%	0%	0%	0%	>1%	0%	0%	0%	0%	0%	0%
Calcium	16%	4%	4%	8%	13%	21%	4%	6%	15%	5%	2%	15%	15%
Iron	0%	3%	3%	3%	1%	1%	>1%	1%	0%	1%	0%	0%	0%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.